

## Why become a volunteer?

- ◆ Add value to your spare time by doing something rewarding within your local community
- ◆ Meet new people and make new friends
- ◆ Give your CV a boost by gaining valuable work experience, references and other skills
- ◆ Learn new skills
- ◆ Build your confidence
- ◆ Make a difference by helping others

## Want to get involved?

To find out more  
information with no  
obligation please contact:

**Serve**

**19 Church Street**

**Rushden**

**Northants**

**NN10 9YU**

**Tel: 01933 315555**

**Fax: 01933 395747**

**Email:**

**[serve.care@virgin.net](mailto:serve.care@virgin.net)**

**Website:**

**[www.serve.org.uk](http://www.serve.org.uk)**



**Northamptonshire  
County Council**

**SERVE**  
Care In the Community

## VOLUNTEERING AT DAY CENTRES



## A Guide For Potential Volunteers

# YOUR QUESTIONS ANSWERED

## ***Why do you want volunteers?***

We are a voluntary organisation and have always encouraged active participation by volunteers, to the benefit of Serve, our clients and the volunteers themselves.

## ***What qualifications do I need?***

None - it is more important that you have a caring attitude.

## ***How much time will it take?***

A reasonable level of commitment , just let us know when you are available.

## ***Am I too old?***

Not if you are fit and well with a degree of patience, flexibility, personality and kindness.

## ***Would I have to take people to the toilet?***

No, this is a job for a paid member of staff.

## ***Could I claim back my bus fare?***

Of course, we don't want our volunteers to be out of pocket.

## ***Where would I be working in the organisation?***

We'll discuss this with you and try to match your wishes and talents to our clients requirements.

## ***Will someone look after me on my first day?***

Yes, you'll be guided until you're confident.

## ***I can't come in the school holidays.***

Don't worry! Just tell us well in advance so we can make alternative arrangements.

## ***Is there any training before I start?***

Yes, Serve is aware of Health & Safety and other issues. We'll take time to explain important matters to you.

# Our Day Centres

Serve has two Day Care Centres: one in Rushden and one in Raunds as well as a Specialist Care Centre in Higham Ferrers.

As a volunteer you would be placed at the centre that is considered to be best for you.

## **What you can do to help**

There are many areas where your talents could be put to good use:

- ◆ Making tea and coffee
- ◆ Washing up
- ◆ Helping to serve meals
- ◆ Talking with clients

